

## SUNDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(O,JT,NS,VM)**

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**7:00PM 1HR Living Clean**, Alliance Church, North Entrance, 4804 42Ave, Innisfail, AB,

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**7:30PM 1HR** , Red Deer Recovery Center, , 27227 Township Rd. 391, Blackfalds, AB,

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## MONDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**7:00PM 1.5HR Serenity Valley Group**, Alliance Church, , 5014-56 Ave, Drayton Valley, AB,

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**7:30PM 1HR Monday Night Womens Meeting**, , , Wetaskiwin, AB, **(SD,W,WEB,VM)**

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**7:30PM 1.5HR Unity Group**, JHS, , 150 4828 53 st, Red Deer, AB,

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**8:00PM 1.5HR iRecover Treatment Center**, iRecover Treatment Center, , 41003 range road #235A, Tees, AB,

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## TUESDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**5:30PM 1HR Warrior Women**, , #347 5344 - 76st, Red Deer, AB, T4P 2A6 **(O,W)**

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**7:00PM 1.5HR Ties That Bind**, The Lighthouse, , 5509-48 Ave, Camrose, AB,

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**7:30PM 1.25HR Band of Brothers**, West Park Church of the Nazarene, , 3920 57 Avenue, Red Deer, AB, **(M,To)**

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**7:30PM 1HR Gateway Recovery Group**, Adventist Community Center, , 5204 48th St, Rocky Mountain House, AB,

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**7:30PM 1.5HR New Alternatives**, St. John's Anglican Church, pass: 820300, 4821 50th st, Olds, AB,

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## WEDNESDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**5:00PM 1HR Y.A.Y. N.A. (Young adult youth Narcotics Anonymous)**, Kickstand Youth club, , 4955 41 Avenue, Drayton Valley, AB, **(O,YP)**

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**7:00PM 1.5HR Wetaskiwin Living Clean Group**, Alano Club, , 5801-52 st, Wetaskiwin, AB,

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**7:30PM 1.5HR The Group**, St. Cyprian's Anglican Church, , 5005 Calgary Edmonton Trail, Lacombe, AB,

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**8:00PM 1HR Welcome Wednesday**, West Park Church of the Nazarene, , 3920 57 avenue, Red Deer, AB,

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## THURSDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**7:00PM 1HR How it Works**, The Lighthouse, , 5509-48 Ave, Camrose, AB,

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**7:00PM 1.5HR Serenity Valley Group**, Alliance Church, , 5014-56 Ave, Drayton Valley, AB,

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**8:00PM 1.5HR The Journey Continues**, Potter's Hands Soup Kitchen, , 4935 51 Street, Red Deer, AB,

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## FRIDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**7:30PM 1HR New Alternatives FRIDAY Living Clean**, , , Olds, AB, **(VM)**

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**7:30PM 1.5HR Unity Group**, West Park Church of the Nazarene, , 3920 57 Ave, Red Deer, AB,

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## SATURDAY

**9:30AM 1.5HR Morning Meditation**, , , Red Deer, AB, **(VM)**

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**6:30PM 1HR Surrender in Sylvan**, Alliance Community Church, , 4404 47th Ave, Sylvan Lake, AB,

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**7:00PM 1HR New Hope Group**, The Lighthouse, , 5509-48 Ave, Camrose, AB,

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**7:30PM 1HR Saturday Night Live**, West Park Church of the Nazarene, , 3920 57 Ave, Red Deer, AB, T4N 4R9 **(O,WC)**

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## MEETING FORMAT LEGEND

JT	Just for Today	M	Men
O	Open	To	Topic
W	Women	WC	Wheelchair
YP	Young People	NS	No Smoking
WEB	Online Meeting	VM	Virtual Meeting
SD	Speaker/Discussion		

## PHONE NUMBERS

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### What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65



## CENTRAL ALBERTA

### Meeting List

**APRIL 2026**

### 24 HOUR HELPLINE

1-877-463-3537

<https://na.org>

### SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE  
KEEP COMING BACK. IT WORKS**

Meetings Weekly: 30